





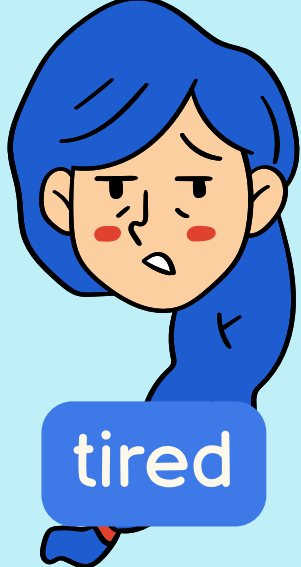


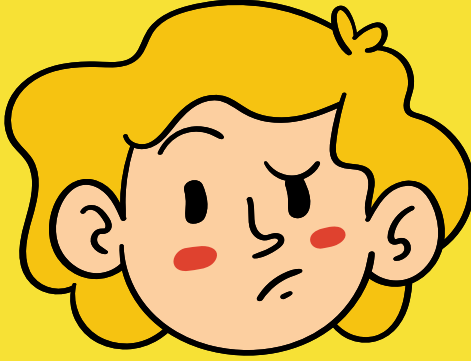
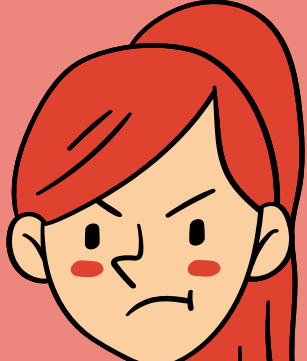

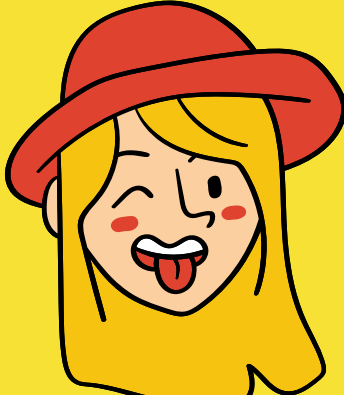
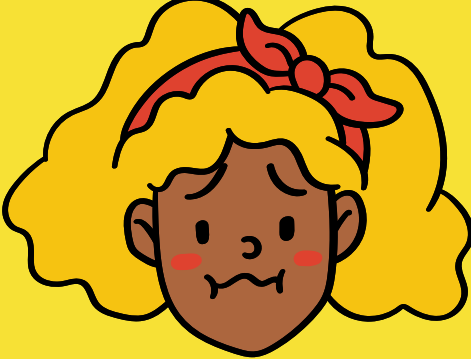

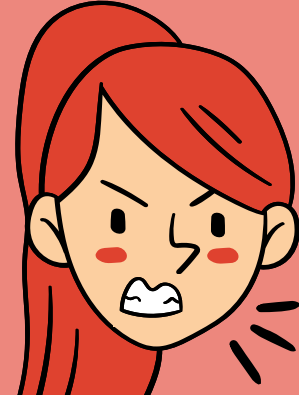
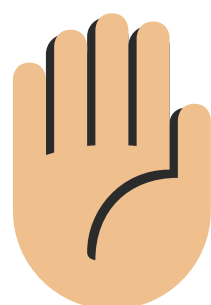


# HOW DO YOU FEEL NOW?

 calm	 focused	 bored	 sad
 happy	 okay	 tired	 sick
 anxious	 confused	 angry	 crying
 excited	 worried	 mean	 yelling

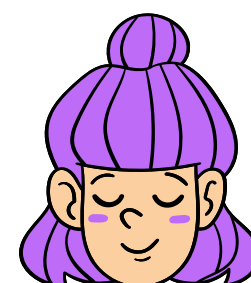
Need to get back to green?



stop



slow down



rest